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Prescription for a Healthy Nation: A New Approach to Improving Our Lives by Fixing Our Everyday World PDF

PRESCRIPTION for a HEALTHY NATION

*A New Approach to Improving Our Lives
by Fixing Our Everyday World*



**TOM FARLEY, M.D.
and
DEBORAH A. COHEN, M.D.**

by Tom Farley M.D. : **Prescription for a Healthy Nation: A New Approach to Improving Our Lives by Fixing Our Everyday World**

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Description :

PDF-c315a | Introducing a new way of thinking about health: public health experts Tom Farley and Deborah A. Cohen show us that the antidote to our ever-growing rates of obesity and chronic diseases, such as heart disease and diabetes, lies not in our medical care system or in more health education but rather in how our environment affects our behavior.... *Prescription for a Healthy Nation: A New Approach to Improving Our Lives by Fixing Our Everyday World*

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